Upper Limb Posture Estimation in Robotic and Virtual Reality-Based Rehabilitation

Camilo Cortés^{1,2}, Aitor Ardanza¹, F. Molina-Rueda³, A. Cuesta-Gómez³, Luis Unzueta¹, Gorka Epelde¹, Oscar E. Ruiz², Alessandro De Mauro¹, and Julian Florez¹

1 eHealth and Biomedical Applications, Vicomtech-IK4 Donostia-San Sebastián, Spain 2 Laboratorio de CAD CAM CAE, Universidad EAFIT Medellín, Colombia

3 LAMBECOM, Physical Therapy, Occupational Therapy, Rehabilitation and Physical Medicine Department, Rey Juan Carlos University Madrid, Spain



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Introduction

Robotic and Virtual Reality (VR) technologies are important components of the modern neurorehabilitation systems for pathologies such as stroke or spinal cord injury [1-3]. In this field, our general research has two main goals:

- 1. to improve the assessment of the rehabilitation progress through precise estimation of the patient kinematics. This is the focus of this work;
- 2. to optimize the rehabilitation processes by using the kinematic (and other) patient models. This optimization includes hybrid technologies (e.g., robotics, virtual reality, functional electrical stimulation [4], etc.).

In the mentioned scenario, the proper estimation of the patient limb posture is a fundamental prerequisite for the following:

- 1. design and control of the advanced robotic exoskeletons which provide assistance to the patient during motor rehabilitation [5],
- 2. animation of realistic avatars representing the patient in virtual reality (VR) scenarios (e.g., games, bionics), and
- 3. acquisition of kinematic data of the patient during the training exercises to assess improvement along the therapy.

Here we present a method for estimation of limb posture from the exoskeleton posture. Notice that such an estimation is not trivial, since the limb is not rigid, is not standard, and has kinematic topology different from the exoskeleton topology. Our method delivers limb postures estimates to strengthen and to enable downstream applications in robotic rehabilitation (among others, using VR [4]).

Results and discussion

o Posture Estimation Accuracy

To determine the accuracy of our method, the joint angles of voluntary healthy test subjects were measured by using an optical tracking system (adapting the method in [6]) and compared with the angles obtained from our posture estimation algorithm during the execution of the following exercises:

- 1. wrist flexion/extension (WFE),
- 2. elbow flexion/extension (EFE),
- 3. forearm pronation/supination (FPS),
- 4. simultaneous elbow flexion/extension and forearm pronation/supination (SEFEFPS)



Subject	Av. EFE RMSE	Av. EFE ROM	Av. FPS RMSE	Av. FPS ROM
1	1.636	36.948	0.980	4.148
2	1.553	33.897	1.408	4.921
3	2.815	49.333	2.187	5.216
4	4.381	36.442	1.128	7.160
Average	2.596	39.150	1.426	5.361

Table 2. Errors in EFE exercise (degrees)

Subject	Av. EFE RMSE	Av. EFE ROM	Av. FPS RMSE	Av. FPS ROM
1	1.221	5.799	1.965	70.453
2	1.799	7.395	2.639	48.500
3	1.627	9.691	4.147	90.527
4	1.132	2.459	4.568	37.717
Average	1.445	6.336	3.330	61.799

Table 3. Errors in FPS exercise (degrees)

Subject	Av. EFE RMSE	Av. EFE ROM	Av. FPS RMSE	Av. FPS ROM
1	2.224	35.762	2.707	59.878
2	2.773	40.837	3.037	58.441
3	5.212	47.850	4.429	55.228
4	2.679	36.654	2.158	59.673
Average	3.222	40.276	3.083	58.305

 Table 4. Errors in SEFEFPS exercise (degrees)



Fig 5. Validation Setup and protocol.

o <u>Estimation Errors</u>

interage will have	Average WILL KOM
1.137	53.389
1.432	54.824
3.282	63.869
3.555	53.977
2.351	56.265
	1.137 1.432 3.282 3.555 2.351

 Table 1. Errors in WFE exercise (degrees)



The results show that our approach presents an accuracy that is better than the one provided by goniometry (minimum detectable change is 8 degrees [7]). Compared to the accuracy provided by IMMSs-based methods, which are considered enough accurate to measure clinical relevant limb joint angles (RMSE 3.6 degrees [8]) in non robotic-assisted scenarios, we have obtained very similar results.

Methodology



o <u>Problem</u>

Estimate the joint angles of the patient limb during roboticassisted rehabilitation therapy from the kinematic information



Fig 2. Human-robot interaction constraints

Conclusions

- 1. We present a method that can be applied to estimate the posture of the human limbs during the interaction with exoskeletons by solving the limb IK problem extended with the kinematic constraints of the exoskeleton fixations on the limb.
- 2. We show the implementation of our method to provide upper limb posture estimations, in real time, using the Armeo Spring. We also present the use of the resulting limb postures estimations in the animation of avatars in VR rehabilitation games.
- 3. The validation results show that our approach provides enough accuracy to obtain the kinematic data for the patient assessment during analytic training of the elbow and wrist.

References

- provided by the exoskeleton.
- <u>Solution approach</u>
 - It is based on Inverse Kinematics (IK). It consists of the following steps:
 - 1. Build a kinematic model of the exoskeleton
 - 2. Build a kinematic model of the human upper body
 - 3. Identify the kinematic constraints of the human-robot interaction
 - 4. Initialize (couple) the human and robot kinematic chains
 - 5. Solve the IK of the human upper body for a given pose of the exoskeleton
 - 6. Get the resulting joint angles of the upper limb









Fig 4. Resulting estimations of the human pose

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